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The Consumption Expenditure Response to Unemployment: Evidence from Norwegian Households*

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Abstract

We use detailed Norwegian administrative data to identify the income loss associated with the onset of unemployment and analyze the corresponding consumption expenditure response and the extent to which this response is related to household balance sheet components. Unemployment results in a significant, long-term decline in income. Consumption decreases by about one-third to one-half of the post-tax income reduction. This reduction is less pronounced for liquid households and more for indebted ones. Although both debt and liquidity impact consumption patterns, debt has a predominant influence, especially for households holding substantial amounts of both. These households, despite their liquidity, also reduce their consumption upon unemployment, while consistently dedicating a substantial part of their disposable income to mortgage commitments. Furthermore, we investigate heterogeneity along other important margins such as family composition and child age. Finally, the patterns of our spending responses (measured as the marginal propensity to consume, the MPC) are found to be more pronounced during recessions.

JEL: D12, E21, E24

Keywords: unemployment, household finance, consumption expenditure, consumption smoothing, household heterogeneity

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1 Introduction

Job displacement and subsequent unemployment represent a significant financial disruption for affected households. Beyond the immediate loss of income, job displacement introduces uncertainty regarding both the length of time without income and the outlook for future wages. In light of this, households must decide how to adapt, ultimately choosing how much to adjust consumption. The response in consumption may depend on both the ability and willingness of the household to tap into their own or family savings, adjust household labor supply, or accrue debt.

Understanding such household consumption decisions has long been a focus of economic research (Hall and Mishkin, 1982; Dynarski and Sheffrin, 1987), and carries implications for a broad range of questions within economics.¹ While household liquid wealth has traditionally been associated with the magnitude of consumption responses (Deaton, 1991; Carroll, 1997; Kaplan, Violante and Weidner, 2014), the Great Recession of 2007-2009 reemphasized the importance of balance sheet components: Elevated household leverage positions prior to the crisis contributed to depressing growth in household consumption in its aftermath, thereby prolonging the recovery (Dyner, Mian and Pence, 2012; Eggertsson and Krugman, 2012; Mian, Rao and Sufi, 2013).

Despite considerable progress especially among theoretical efforts to understand the importance of household heterogeneity in this regard (Krueger, Mitman and Perri, 2016), our knowledge is often less developed about the micro-level facts stemming from the behavior of real-world households, often due to limitations of available data. Recent notable exceptions in the realm of consumption and unemployment (insurance) include work by Ganong and Noel (2019), Landais and Spinnewijn (2021), and Andersen, Jensen, Johannesen, Kreiner, Leth-Petersen and Sheridan (2023). Still, the empirical evidence to date on the relationship between heterogeneity in household balance sheet components and the consumption responses to income shocks remains incomplete.

This article enhances current research by providing novel empirical evidence into household consumption and saving responses to unemployment, with a particular focus on heterogeneity in responses along the distribution of households' prior balance sheet positions. We do so by

¹These topics include research on the evaluation and design of optimal unemployment insurance (UI), the role of UI as an automatic stabilizer, the development of general equilibrium models more broadly, and macroprudential policies. An extensive literature review is provided at the end of the Introduction.

utilizing a unique data set sourced from Norwegian administrative records, covering over two decades of detailed annual income and balance sheet information for all Norwegian households. Originally gathered for wealth- and income tax assessments, the data is highly reliable as financial institutions directly report each household's asset and liability positions to the tax authorities. We can therefore, without concerns for measurement error, utilize the two key components of households' balance sheets, liquid wealth and debt, in our analyses. Coupled with spell data from UI benefit applications this allows us to trace household balance sheet positions before, during, and after an unemployment spell. The data further contain employer-employee records, providing information about salaries, employment history and employer characteristics, demographic characteristics, information about education, and a registry of family relations. The richness and preciseness of the data allow us to construct a comprehensive measure of household consumption expenditure via the household budget constraint.

We employ two methods to quantify the post-unemployment consumption response: First, an event study design is utilized, deploying a meticulously chosen control group and addressing selection and endogeneity concerns tied to unemployment through the incorporation of a robust set of control variables, which encapsulate employment characteristics and balance sheet components. Second, we utilize the control group to estimate the marginal propensity to consume (MPC) within the job-loss year, which not only enables a flexible interaction with covariates but also facilitates a nuanced comparison to the extant literature on MPC heterogeneity.

We find that unemployment leads to a pronounced, persistent income drop, with earnings decreasing 20-30%, and only starting to recover two years from the initial job loss. Post-tax labor income decreases 10-15% instantly, maintaining a level below the control group for the following four years. Noteworthy is that households characterized by lower initial liquid assets or higher debt typically encounter milder long-term declines in both earnings and after-tax income, despite experiencing an initial earnings drop that is uniformly distributed across all ranges of debt and liquid assets. The income decline is accompanied by a notable decrease in consumption expenditures, amounting to between one-third and one-half of the after-tax income drop. The expenditure decrease is less drastic among households with higher liquidity, while more indebted households see a more severe drop. A considerable fraction of high-liquidity households also

bears substantial debt. Notably, even with substantial holdings of liquid assets at hand, these high-debt households markedly reduce their consumption upon unemployment.

Within the event study framework, we also undertake heterogeneity analyses along other important household margins, such as family composition. While families with children tend to recover in terms of income from unemployment somewhat faster, we notice a particular divergence in response among households with younger children (below 5 years). These households' consumption bounce back faster than for families with older children, which complements previous findings on investment in children in a partial insurance framework.

When measuring the household response as an MPC out of unemployment, we find that, on average, a one-dollar income loss leads to a spending decline of about 40 cents. We observe significant MPC heterogeneity across both debt and liquid assets. Further, we uncover a U-shaped relationship between debt-to-income (DTI) and MPC—middle DTI tertile households have lower MPCs than those in both low and high DTI tertiles. Finally, we find that the U-shaped debt and MPC relationship persists across the liquid asset distribution.

Lastly, we investigate how the household responses differ over the business cycle. On average, we find that income drops appear somewhat less severe during recessions. For the MPC out of unemployment, we find a modest increase during recessions, and results furthermore point in the direction of the U-shaped relationship we observe between the DTI ratio and the MPC as being slightly more pronounced during recessions.

Related Literature

The findings and analyses in this paper are related to several strands of the literature at the intersections of macroeconomics, labor, and public finance.

Job displacement of high-tenured workers

Our investigation leans on a well-established body of research on job displacement and its persistent effects on income. [Jacobson, LaLonde and Sullivan \(1993\)](#) conducted seminal work in this area finding that in the United States, individuals who experienced job displacement faced average annual income losses of 25 percent over the long run. Numerous studies have followed since,

documenting the impact of job loss on workers earnings across time and space.² Our findings in this regard are in line with this evidence, especially from similar northern European countries as documented in [Bertheau et al. \(2023\)](#).

A notable aspect of this literature is the frequent focus on samples consisting primarily of high-tenure workers, embedded in stable job relationships prior to job loss. The requirement is crucial in mitigating concerns regarding unobserved heterogeneity and selection into unemployment, ensuring that unemployment outcomes are compared to a prior, or counter-factual, state of employment (also discussed in [Jarosch, 2023](#)). However, it also implies that the sample mainly consists of workers for whom a job loss represents a more persistent negative income shock, which is important to keep in mind when interpreting findings.³ As detailed in Section 3, our approach aligns with the previous literature in imposing a job-stability requirement. This is done not only for the aforementioned reasons but also to examine a distinctly defined unemployment event, thereby increasing the probability that the observed consumption responses are attributed to a specific unemployment occurrence as opposed to one in a series.⁴

Consumption responses to job loss

Our main analyses are related to a vast literature of the consumption responses to income changes ([Hall and Mishkin, 1982](#); [Dynarski and Sheffrin, 1987](#); [Blundell, Pistaferri and Preston, 2008](#)).⁵ An adjacent, and similarly relevant line of research has been concerned with the consumption response to job loss and the welfare effects that arise when the income shock is (partly) offset by unemployment insurance (UI). Seminal research in this area includes [Gruber \(1997\)](#), who found a direct link between changes in food consumption during unemployment (using PSID data) and the level of UI benefit generosity. [Browning and Crossley \(2001\)](#), exploring the Canadian

²See for instance [Couch and Placzek \(2010\)](#), [Davis, Von Wachter et al. \(2011\)](#), [Huttunen, Møen and Salvanes \(2011\)](#), [Kawano and LaLumia \(2017\)](#), [Krolkowski \(2017\)](#), [Flaaen, Shapiro and Sorkin \(2019\)](#), [Bertheau, Acabbi, Barceló, Gulyas, Lombardi and Saggio \(2023\)](#), [Lachowska, Mas and Woodbury \(2020\)](#), [Jarosch \(2023\)](#), [Schmieder, Von Wachter and Heining \(2023\)](#).

³Indeed, [Lachowska et al. \(2020\)](#) find that loss of valuable worker-employer matches may explain half the wage loss for displaced workers.

⁴In Appendix F we also display the results for income paths when we reduce the strictness of this requirement and the findings are similar.

⁵For comprehensive literature reviews, refer to [Browning and Lusardi \(1996\)](#) and [Jappelli and Pistaferri \(2010\)](#).

context, found a generally small but heterogeneously large effect of UI benefits on consumption, notably providing stronger smoothing for households with fewer liquid assets at the onset of unemployment. In recent years, this line of inquiry at the intersection of macro and public finance has spurred the works perhaps most closely related to our investigation:⁶

[Ganong and Noel \(2019\)](#) examine the impact of unemployment on consumer spending using de-identified bank data, and find that spending of the unemployed is highly responsive to the level of UI benefits, and drops sharply at both the onset of unemployment and at benefit exhaustion. While they do not observe liquid assets or liabilities directly, they apply an estimate of these positions and relate them to spending drops. In contrast, our work directly observes the household's complete balance sheet position, thereby enabling a more detailed examination of and focus on, for instance, their interactions. [Gerard and Naritomi \(2021\)](#) investigate the degree of consumption smoothing among Brazilian households who receive a sizable severance pay, and find excess sensitivity with regards to the lump-sum transfer at unemployment onset. They do not explore the role of heterogeneity in initial balance-sheet positions. [Landaïs and Spinnewijn \(2021\)](#) explore different approaches to estimating the value of unemployment insurance using data from Sweden, in a setting comparable to ours. They propose two alternative approaches to infer the value of UI in addition to the traditional way of observing consumption responses to job loss, which involves considering the difference in the MPC between the states of unemployed and employed. The second alternative approach (revealed preference) utilizes a kink in the UI system to gauge the value of insurance. In some of the supplementary analyses, they do detect a larger spending drop among households with more leverage (but the difference is minor). The main aim of their article is to improve the understanding of the average valuation of UI, and while they undertake some analyses regarding heterogeneity, they largely leave the door open to further studies in this domain. [Andersen et al. \(2023\)](#) set out to quantify various mechanisms of consumption smoothing undertaken by unemployed households, and show that drawing on liquid assets is the most important way in which households reduce the impact of the income loss on spending, but undertake only limited heterogeneity analyses as to understand the magnitude

⁶See also some of the further literature on evaluating costs and benefits of social insurance and the design of optimal welfare policies ([Baily, 1978](#); [Chetty, 2006](#)) studying the value of unemployment insurance ([Engen and Gruber, 2001](#); [Chetty, 2008](#); [Hendren, 2017](#); [Kolsrud, Landaïs, Nilsson and Spinnewijn, 2018](#)).

of the consumption response.

As we note, these aforementioned studies significantly advance our understanding by offering crucial empirical insights into the average consumption responses and valuation of UI, while also shedding some light on heterogeneity. We build upon these insights, employing a setup that features a rich set of control variables and in particular precisely measured balance sheet components. This facilitates further exploration of heterogeneity, and, relative to these contributions, particularly along the axes of liquidity and leverage. Notably, we explore their intersection, revealing that while both debt and liquidity significantly relate to consumption responses, debt seems to wield predominant influence among households where substantial amounts of both are present. Thus, our exploration provides a nuanced expansion of these existing analyses on heterogeneity in consumption responses.

MPC heterogeneity

This paper further relates to a literature using quasi-experimental settings to identify exogenous income shocks in order to estimate the marginal propensity to consume (MPC). Apart from unemployment, others studies have considered firm-level shocks (Baker, 2018), lottery winnings (Fagereng, Holm and Natvik, 2021), or stimulus payments (Jappelli and Pistaferri, 2014; Kaplan and Violante, 2014; Johnson, Parker and Souleles, 2006; Broda and Parker, 2014; Misra and Surico, 2014).⁷ The theory on household consumption typically predicts that households smooth consumption over their lifecycle (Modigliani and Brumberg, 1954; Friedman, 1957). In the case of a negative income shock, consumption smoothing requires the household to be able to tap into family savings or accrue credit, if they are liquidity constrained the income shock must translate into reduced consumption. Several of the abovementioned studies explore the role of liquid assets, showing empirically that low levels of liquid assets are associated with higher MPCs.

On the liability side of the household balance sheet, there are a few studies investigating the correlation between spending patterns and household debt during the Great Recession (Dyhan et al., 2012; Mian et al., 2013; Andersen, Duus and Jensen, 2016). Baker (2018) uses linked-accounts data and firm shocks to investigate the consumption responses of workers to positive and negative

⁷See also work by Kueng (2018), Olafsson and Pagel (2018), Bunn, Le Roux, Reinold and Surico (2018).

firm shocks. He shows that the elasticity of consumption with regard to income is significantly higher for households with high levels of debt, but he also finds that this heterogeneity can be almost entirely explained by credit and liquidity constraints. Relative to his work, we focus on income shocks stemming from unemployment, which may help explain the subtle differences between our findings, and go even more in detail on how the MPC varies across the joint distribution of debt and liquidity.

Connection to macro modeling and policy

More broadly, our work contributes to a burgeoning field within macroeconomics that integrates micro-level heterogeneity. Consumption behavior is paramount in various macroeconomic models. To harness these models effectively for policy-making, it's essential to understand the nexus between individual household behaviors and aggregate outcomes.

Building on this premise, identified moments play a crucial role in selecting among competing models or modeling paradigms (Kaplan and Violante, 2018; Nakamura and Steinsson, 2018). In this context, estimating the consumption response to unemployment and recognizing the importance of debt for heterogeneity in household behavior post-job displacement is vital for researchers evaluating consumption behavior in a structural model, especially when unemployment is a pivotal component. Nakamura and Steinsson (2018) underscore the usefulness of MPC estimates for distinguishing between competing consumption behavior models. Similarly, Kaplan and Violante (2018) assert, "heterogeneity is key for matching facts about consumption behavior." A tangible example of employing heterogeneity in the MPC is presented by Kaplan et al. (2014), who utilize MPC estimates to pinpoint a demographic of wealthy hand-to-mouth households. Furthermore, the pronounced household responses identified among high-LTI-high-DTI households in our sample should be conscientiously integrated into structural models, wherein unemployment risk is a principal driver of household consumption behavior.

Moreover, estimates of structural parameters not only find application in calibration but also facilitate the use of causal relationship estimates as targeted statistics in structural model estimation (Carroll, Slacalek and Tokuoka, 2017). Our derived MPCs, emerging from negative income shocks, bear significance for both the interpretation and utilization of the estimates. In this vein, the MPC

out of unemployment emerges as an important statistic for exploring the role of UI insurance as an automatic stabilizer, thereby implicating further considerations for aggregate demand (McKay and Reis, 2021; Kekre, 2022). Furthermore, our findings may serve as input into considerations related to macroprudential efforts, aimed at averting financial crises and stabilizing the broader economy (Farhi and Werning, 2016; Korinek and Simsek, 2016).

From here, the paper proceeds in the following way: Section 2 describes the institutional setting, the data used in the analysis, and the sample selection. Section 3 presents the empirical framework, including the selection of a control group. In Section 4 we describe how income and spending develop after the onset of unemployment and investigate possible sources of heterogeneity in the spending responses, with particular attention paid to debt and liquid assets. In section 5 we portray our results in terms of the marginal propensity to spend and investigate how it varies across the distribution of debt and liquid wealth and the business cycle. Section 6 concludes.

2 Context and data

2.1 Institutional setting

In Norway, participation in its welfare system is mandatory. While the welfare system is among the OECD's most generous, its unemployment benefits, at 62.4 % of previous pre-tax labor income, are more limited and are also capped and subject to taxation. Eligibility demands a minimum of one year's prior employment and exceeding a specified income threshold. These benefits, available for a maximum of 104 weeks, apply to all job leavers, with an 8-week waiting period for voluntary leavers and three days for involuntary ones. Severance pay recipients face a benefits waiting period determined by the severance amount.

Norway's job termination procedures, regulated by the Working Environment Act, necessitate employers to establish valid reasons for termination, with downsizing recognized as a principal rationale (Addison and Teixeira, 2003). Other performance-related grounds require evidence of continuous underperformance or misconduct. When layoffs of ten or more employees are

anticipated, firms must engage with employee representatives, usually from local labor unions. Layoff notification periods in Norway hinge on an employee's tenure and sometimes age. Typically, under 5 years of service warrants a month's notice, 5 to 10 years equals two months, and over 10 years secures three months. Employees aged 50 or 55 with a decade of service receive 4 or 5 months, respectively. Trial period workers receive a 14-day notice. Public employees, a minority in our dataset, have longer notification periods per their service years. For further details on the institutional setting see Appendix A.

2.2 Data sources

We use Norwegian administrative data from 1994 to 2015, which covers the universe of Norwegian individuals. The primary data sources are income and wealth data from the Norwegian Tax Authority ("Skatteetaten"), unemployment benefit registers from the Norwegian Labor and Welfare Administration, an archive of employer-employee relationships, housing market data from the Norwegian Mapping Authority ("Kartverket"), and extensive demographic data (including characteristics such as education, age, and marital status), which stem from various administrative archives provided by Statistics Norway. Each individual in Norway is assigned a unique identification number at birth or at immigration. This identification number, consistently de-identified for research purposes, facilitates the linkage of multiple data sources. Importantly, the data also include spousal identifiers, enabling us to aggregate household wealth and income metrics.

The income and balance sheet data, used primarily for wealth and income tax assessments, boast high reliability as financial institutions directly report each household's asset and liability positions to the tax authorities. Each source of income is reported and measured as the cumulative total throughout the calendar year. This data encompasses labor income, capital income, business income, pensions, and all other government transfers, along with taxes paid. Our key outcome variables include pre-tax labor earnings and a post-tax income measure, which also factors in unemployment insurance benefits.

Balance sheet components are reported by asset class and are measured as of December 31 each year. This data provides insights into deposits, mutual funds, both listed and non-listed stocks, cash, real estate, and other real assets. In subsequent analyses, "liquid assets" refer to

the total of deposits, cash, mutual funds, and stocks, with the dominant component for most households being bank deposits (see Table 1). "Debt" encapsulates the household's total debt amount, including student loans, consumer debt, and the primary component, mortgage debt.

In studies of household consumption dynamics, securing high-quality consumption expenditure data is crucial yet often challenging. While household surveys, utilized by studies such as Johnson et al. (2006) and Jappelli and Pistaferri (2014), offer direct measures of self-reported consumption, they are not without limitations like small sample sizes and potential measurement error (Meyer, Mok and Sullivan, 2015). We follow Fagereng and Halvorsen (2017) and Eika, Mogstad and Vestad (2020) in imputing consumption expenditure from Norwegian administrative data on income and wealth.⁸ Consumption expenditure is calculated as income net of savings, with a key challenge being to construct an "active" saving measure each period. Utilizing the panel data dimension, we impute active saving from the annual wealth change, assuming the return on households' risky assets (stocks and mutual funds) follows the general stock market. Interest earned on deposits and paid on debt is directly observable. We also observe housing market transactions and include net housing purchases in the imputation equation. To limit measurement error, we adhere to steps from previous literature: firstly, excluding households in the year of formation or dissolution due to significant intra-year wealth movements and secondly, excluding household-year observations where households own private businesses or farms due to poor measurement of both balance sheet components and income streams from these activities.

2.3 Identification of unemployment spells and sample selection

To identify unemployment spells, we use the registry of unemployment insurance benefit (UIB) applicants and recipients from the Norwegian Labor and Welfare Administration. We identify an individual as unemployed if they are registered as full-time unemployed for more than seven days (excluding both part-time unemployed and temporary furloughs), and require that the employer-

⁸For further details on the imputation procedure described here, see Appendix C. Other examples implementing this procedure include Browning and Leth-Petersen (2003) and Kreiner, Lassen and Leth-Petersen (2014) using Danish data, and Koijen, Van Nieuwerburgh and Vestman (2015) and Kolsrud, Landais and Spinnewijn (2020) using Swedish data.

employee relationship has ended within the last six months before registration as unemployed.⁹ We exclude everyone who returns to the previous employer after the unemployment spell to remove seasonal workers who register as unemployed during the off-season from our sample.

For our analytical sample, we select married or cohabiting couples where the husband is identified as becoming unemployed between 1999 and 2014. Since consumption expenditure is not imputed in years of household formation or dissolution, and since the validity of the analysis will rely on the pre-trends of our measures, we require that the household has been married or cohabiting for four years leading up to the unemployment spell and that they remain married or cohabiting until one year after. We restrict attention to male unemployment to obtain a more homogeneous sample and to better be able to match the unemployed sample to a control group.¹⁰

We make two sample selection decisions that ensure that the households in the sample have stable labor market attachments. First, we restrict the sample to job losers who are eligible for unemployment benefits, and second, we require that neither adult in the household has had any type of unemployment spell in the four years leading up to the unemployment spell.¹¹

Since early retirement is widely available from 62 years of age, we restrict attention to workers who become unemployed at age 58 or younger in order to avoid selection bias where some workers choose early retirement instead of registering as unemployed (see [Kyyrä and Wilke 2007](#)).

In total, this yields a sample of 11,497 households (with male unemployment) that are eligible for our sample. Summary statistics for this group can be viewed in columns 1 and 4 of Table 1. The median unemployment duration is 91 days, but the mean is much higher at 234, suggesting some individuals in our sample take a long time to find work or never return. Most unemployed workers come from retail and services (47%) or manufacturing (37.5%). The share of unemployed workers with high school education is 43%, while 22% have higher education. The average pre-tax labor income of the unemployed males is 77,000 USD, while the spouse on average earns 47,000 USD before taxes and transfers.¹²

⁹If the job loser is registered with a new unemployment spell within 90 days after the initial spell ended, we consider this to be one unemployment spell.

¹⁰In the data, the husband is the main income earner in about 9 out of 10 families.

¹¹The second restriction implies that if the husband has more than one subsequent unemployment spell within four years, only the first spell is included in our sample.

¹²According to Statistics Norway, the average (median) annual salary of workers in Norway in 2015, was 510,000 (460,200) NOK or about 81,000 (73,000) USD. For males, the corresponding numbers were 547,000

3 Main empirical framework

3.1 A control group for the unemployed

The ideal experiment for investigating consumption responses after job loss would involve random, unexpected employee terminations. Since such settings are impractical, one alternative is utilizing natural experiments where unemployment is quasi-randomly assigned. By conditioning on appropriate covariates, unemployment can be treated *as if* random. The literature, which often utilizes plant closures or mass layoffs to assess unemployment effects, bases its methodology on this notion, managing potential endogeneity issues up to a certain extent (Schwerdt, 2011). This approach minimizes selection issues in unemployment, yet it does not necessarily account for potential anticipatory (consumption) adjustments by workers foreseeing such layoff events, leading to possible bias in income and consumption correlations directly related to unemployment events. Moreover, utilizing mass-layoff scenarios often leads to small sample sizes, making detailed analysis, such as relating portfolio composition to consumption responses, challenging.

Rather than adopting a mass-layoff approach, our strategy involves building a counterfactual through a control group method. Every worker who becomes unemployed is paired with a group of workers who, while similar in observables (utilizing extensive data to control for numerous variables influencing income growth and consumption), do not experience job loss during that period.¹³ However, a latent concern persists regarding potential unobserved disparities, such as variations in ability or diligence, between displaced workers and their employed counterparts. To navigate this potential influence of unobserved variables on affecting income growth and consumption, we scrutinize the pre-trend of key variables. This aids in refining strategies to identify a control group that authentically mirrors the pre-trend of critical household income and balance-sheet components.¹⁴

(470,000) NOK or about 87,000 (76,000) USD. See <https://www.ssb.no/arbeid-og-lonn/faktaside/arslonn>.

¹³To sidestep the potential pitfall of conditioning on post-treatment outcomes during the selection of treatment and control groups, as cautioned by Krolikowski (2018), we do not preclude workers in the control group from encountering unemployment in *subsequent* years.

¹⁴A related discussion and strategy for control group selection is found in Borusyak, Jaravel and Spiess (2017). See also Flaaen et al. (2019) for an alternative control group construction methodology.

3.2 High-dimensional near-neighbour matching

To identify the suitable control group we return to the detailed administrative data sources. The starting point comes from imposing the same sample selection criteria as in Section 2 on the full population of households, the only difference being that these households do not become unemployed in that given year. This set of eligible households is termed "Possible controls".

The matching procedure incorporates factors like age, education, and job tenure to comprehensively address labor market risks. To genuinely capture the likelihood of re-employment post-job loss, we select control group households that inhabit a labor market region similarly sized to their unemployed counterparts. Financial comparability between control and treatment groups is crucial, particularly when we want to study the spending response out of unemployment. Households are therefore selected for the control group based on similarity in liquid asset and debt levels on December 31st, two years before the job separation year, ensuring both groups are financially analogous. The households are also matched based on ownership of risky assets and housing, and income, measured at specific intervals before unemployment, sidestepping potential bias from strategic asset accumulation preceding unemployment episodes. Employing both exact matching for discrete variables like education and home ownership, and interval-based matching ($\pm\alpha$) for continuous variables such as age and income, our methodology enables each control to be matched to multiple unemployed households and vice versa (n-to-n matching).¹⁵

3.3 Comparing samples on observables and pre-trends

From Section 2.3 we retrieve the sample of 11,497 households, which is our treatment group. In total our matching procedure selects 147,027 households from the set of Possible controls to be matched to these households. Table 1 allows a comparison of key characteristics among samples of displaced workers, the control group, and the set of possible controls from which the control group is chosen. The first panel of the table presents variables involved in the matching procedure. The set of possible controls is, on average (and at the median), slightly older, with higher income, and

¹⁵This also implies that all of our regressions and statistics presented below are weighted, using CEM-weights, following Iacus, King and Porro (2012). Details on how the weights are constructed, as well as the full breadth of details on the matching procedure and α -values for each variable chosen are available in Appendix E

with different compositions when it comes to industry of occupation and education length. The balance sheet components of debt and liquid assets are more dispersed, both in terms of averages and median. The table shows that the matching procedure yields a sample closely resembling the sample of the unemployed in terms of observables, in most bases bringing both the average and median closer.

We also observe that the samples are aligned with respect to education and industry of employment, particularly within the sectors of manufacturing and construction, and retail and services where the discrepancies were most noticeable. Although the differences in labor income, debt, and financial assets means are still statistically significant between the unemployed sample and the chosen control group (see Appendix Table A3), they are now economically negligible.¹⁶

To further mitigate concerns regarding other unobserved differences between the samples that could confound our results, all our plots that follow later will include periods prior to unemployment. In addition, we here study the pre-trends of other key characteristics in the years leading up to unemployment, specifically. We use a simple event study specification:

$$Y_{i,t} = \sum_{k=-4}^{-1} \beta_k \mathcal{U}_{i,t}^k \times T_i + \varepsilon_{i,t}, \quad (1)$$

where i denotes household, calendar year is denoted by t , and time relative to the onset of unemployment is denoted by k . The dummy variable T_i indicates the individual belongs to the treatment group and does not change over time (i.e. the variable does not denote "treatment status"). Year relative to the onset of unemployment is indicated by $\mathcal{U}_{i,t}^k$ which takes the value one when k periods have passed since the year of unemployment, and zero otherwise. The error term is $\varepsilon_{i,t}$. We run this regression on the sample of matched treatment and control households.

Figure 1 plots the development of income after tax, deposits, debt, the share owning risky assets, and housing in the pre-unemployment years. There are only minor observable differences between the treatment group and the control group. We see that there are virtually no visible

¹⁶In Appendix D we develop a statistical measure for job loss risk, based on observables such as tenure, firm age, education, and sector. This prediction is available for all households, and we include it in Table 1 "Estimated probability of job loss" to further assess the sample selection procedure. As we would expect, also this likelihood is aligned through the matching procedure. Appendix D also compares the distribution of probabilities between the different samples.

differences in the development of male labor income, spousal labor income, debt, and deposits. Table A4 in Appendix F shows that although there are some statistically significant differences in the development year-by-year, the numbers are vanishingly small and economically insignificant.

Overall, the similarity of the unemployed and their matched group makes us confident in interpreting the chosen control group as a good proxy for the true counterfactual and we proceed using standard econometric techniques.

4 Event study of job loss

In this section, we estimate the dynamic path of income, wealth, and expenditure in a four-year period after job loss. The regression specification is a simple difference in difference with staggered implementation:

$$Y_{i,j,t} = \alpha_j + \sum_{k \in \{-4:4\}} \beta_k U_{i,t}^k + \sum_{k \in \{-4, \dots, -2, 0, \dots, 4\}} \phi_k U_{i,t}^k \times T_i^k + \varepsilon_{i,t}, \quad (2)$$

where $Y_{i,j,t}$ denotes outcome variable in year t for household i belonging to matching group j . The matching group includes one household in the treatment group and their chosen set of control households. The outcome variable is regressed on a matching group fixed effect, α_j , a set of dummy variables $U_{i,t}^k$ indicating year relative to registering as unemployed, with $k \in \{-4, \dots, 0, \dots, 4\}$ denoting years passed since the onset of unemployment, a set of binary variables T_i^k indicating that the household is in the treatment group, and $\varepsilon_{i,t}$ is the error term which is assumed to be i.i.d-normally distributed. All standard errors are clustered at the matching groups, and the equation is estimated using weighted OLS.¹⁷

Figure 2 displays the results for key variables. The left column depicts estimated relative time dummies for treated and control groups, while the right shows the average treatment effect in 2014-USD and percentage deviation from pre-job loss averages.¹⁸ Earnings drop post-job loss, averaging a decrease of over 15,000 USD upon unemployment registration and an additional 5,000

¹⁷See Appendix E for more details on the weights.

¹⁸The pre-job loss average is household-specific and is an average of the two years prior to registering as unemployed.

USD the following year. This second-year decline may stem from extended unemployment into the subsequent year, given the typical 24-month duration of UIB. With the income tax scheme's progressivity, the after-tax labor income (including unemployment benefits) impact is mitigated, totaling just over a 5,000 USD drop, or 13 % of pre-job loss income, in the registration year.

Figure 2 reveals that after-tax labor income does not recover four years post-unemployment onset, remaining 10 % lower than the control group, mirroring findings from Jacobson et al. (1993) and similar studies. We identify a small statistically significant, but negligible in terms of economic significance, increase in spousal wage income in the year of job loss (third panel of Figure 2). This is in line with the findings by Hardoy and Schøne (2014), Andersen et al. (2023), and Halla, Schmieder and Weber (2020). Figures A4 and A5 in the appendix show how other household income measures and income sources develop over the event window.

Although household income falls significantly both in the year of job loss and the year after, the last panel of Figure 2 shows that the bulk of the fall in consumption expenditure happens in the first year of unemployment. Expenditure declines somewhat further in the subsequent year, but the bulk of the adjustment happens on impact, which is consistent with standard economic theory when unemployment is a mostly unforeseen and permanent shock to income. The average drop in consumption expenditure seems to be persistent, echoing the permanent drop in income.

4.1 The importance of liquidity and debt

This section examines how income and spending responses to unemployment are associated with key household balance sheet components, centering on debt-to-income (DTI) and liquid-assets-to-income (LTI) ratios, indicative of financial constraints. The sample is divided into tertiles using DTI and LTI, derived from a two-year pre-unemployment household average, assessing respective income and consumption responses.¹⁹ Ultimately, households are grouped into four distinct DTI and LTI categories for further analysis.

¹⁹Given that the control group is selected (among other variables) along debt, liquid assets, and income margins, it inherently exhibits similar distributions in DTI and LTI as the unemployed sample. Various splits of these distributions have been tested, including division into quartiles, yielding consistent results. Refer to Appendix F for details.

4.1.1 The separate importance of liquidity and debt

Panel (a) of Figure 3 shows findings from the LTI split, revealing a stable initial income drop across groups but a slightly stronger recovery for the low-liquidity group 3-4 years post-displacement. After-tax income trajectories underscore disparities, possibly reflecting tax system progressivity. The most liquid group encounters a minor consumption decline, while also seeing the most severe income drop. Panel (b) also shows responses stratified by the debt-to-income distribution, with the more indebted households seeing both a faster recovery of their income, but also experience a larger and more lasting drop in consumption.

Taken together these results align well with evidence provided so far. In terms of liquidity, low-liquidity households, naturally curtail consumption more sharply in the face of income reductions (Carroll, 1997), while the most liquid group, with assets of on average 77,600 USD (see Table 2), largely maintains consumption despite similar income drops. Analysis along the DTI split reveals that the most indebted also notably decreased consumption. Table 2 shows that this group of households on average spend almost one-third of their income on mortgage commitments prior to job loss, emphasizing these commitments' key role in household budget constraints.

4.1.2 The joint importance of liquidity and debt

We move on to consider the consumption responses in the interaction of the distributions of the two balance sheet components. The bottom tertile of the LTI distribution, deemed closest to liquidity constraints, is defined as "low LTI", while the middle and top tertiles are grouped as "high LTI". Analogously, households on the upper spectrum of DTI distribution are likely closer to credit constraints, categorizing the top tertile as "high DTI" and the bottom two as "low DTI".

The two first figures of Panel (c) reveal that high-LTI households generally experience a more gradual income recovery than their low-LTI counterparts, with the high-LTI low-DTI category revealing the most negative trajectory. Intriguingly, a reversal is noticeable in consumption response patterns. Despite experiencing a similar (or even slightly less negative) income decline, the high-LTI high-DTI group curtails consumption much more than the high-LTI low-DTI household. Again Table 2 illuminates the importance of mortgage commitments for the high-DTI groups. Still, it might be somewhat surprising that the high-LTI high-DTI group exhibits a relatively strong re-

duction in consumption. Potential explanations might derive from a precautionary savings motive if households now view the future as generally more uncertain, or perhaps from a reassessment of their permanent income. They might also conserve their liquid buffer for other investment opportunities or potentially for entrepreneurship. Exploring behavioral explanations, particularly those related to mental accounting biases in preserving home ownership, could also serve to explain the findings.

Given the complex interaction between liquid assets and debt, the observed income and consumption responses pose fascinating questions about household financial behavior and its further implications. Although it is beyond our scope to decipher all the nuances, it is compelling to ponder some implications of the findings for models and policy.

4.1.3 Implications for models and policy

The findings stress the need to integrate household balance sheet dynamics into macroeconomic models, highlighting gaps in standard Bewley and other heterogeneous agent models' predictions, especially in varied liquidity and debt situations. Unlike these models, which simplify the relationship between liquidity, consumption, and income shocks, incorporating mechanisms, akin to those in [Kaplan et al. \(2014\)](#), that accommodate real-world multifaceted financial decision-making is crucial.

The nexus between assets and debt in household behavior necessitates careful policy crafting. Formulating policies attuned and potent in diverse financial contexts is vital. Our findings can inform policy design, such as Unemployment Insurance (UI) or post-crisis stimulus packages to stimulate aggregate demand, though application necessitates prudence to circumvent moral hazard, particularly when linked to financial ratios like DTI or LTI. Rather than being applied off the shelf, our findings should be input as one component of a wider policy development approach.

Another economic policy domain pertinent to our findings is macroprudential regulation. At first glance, our results suggest that DTI caps could soften consumption downturns for the unemployed. While such policies could temper the impacts identified in our study, it's crucial to thoroughly examine their broader implications, if implemented. For instance, a potential adverse effect would be if it led households to empty their liquid buffers to overcome a strict DTI cap

when purchasing a home. Therefore, understanding both the immediate and the indirect impacts is essential when constraining households' financial leeway.

4.2 Heterogeneity along other margins

Navigating through further dimensions of heterogeneity, we explore the intersection of demographic variables and economic responses, specifically focusing on household compositions relative to child presence and age, as visualized in Figure 4. The upper panels of this figure categorize households into subsets—those with and without children and further into varying child age groups. One observation surfaces: households without children experience a notably sharper income decline and a subsequently sluggish recovery compared to those with children. Arguably however it is hard to draw comparisons between these groups as households with and without children may be vastly different. Particularly, families with children under 17 years exhibit a rapid income recuperation, hinting towards a potential correlation with either the higher employment quality or an elevated income necessity driven by parental responsibilities. A notable divergence in consumption response is evident among households with younger children (below 5 years of age), showcasing a robust resurgence in consumption, indicative of a parental perspective that prioritizes essential consumption during these initial formative years. This pattern echoes [Carneiro, García, Salvanes and Tominey \(2021\)](#), emphasizing the pivotal role of parental income in the early childhood phase (0-5 years) relative to later years (6-17).²⁰

We also look into the difference between couples that are married vs cohabiting or by age (Figure A7), but find no significant differences in terms of the consumption responses.

5 The MPC out of Unemployment

Every estimation of the marginal propensity to consume presupposes a level of income and consumption expenditure absent the income shock. Considering a framework of unobserved

²⁰[Carneiro and Ginja \(2016\)](#) find that when they allow the parents' reaction to vary with the age of the child (in a partial insurance framework) the permanent income shocks have statistically significant effects only on inputs of children between ages 0 and 7.

counterfactuals, define the outcome for individual (or household) i in year t as:

$$y_{i,t} = T_{i,t} \cdot y_{i,t}(T_{i,t} = 1) + (1 - T_{i,t}) \cdot y_{i,t}(T_{i,t} = 0) \quad (3)$$

Where T_i is 1 if the individual is unemployed, the observed outcome is $y_{i,t}(T_i = 1)$, and the unobserved counterfactual is $y_{i,t}(T_i = 0)$. The genuine treatment effect—i.e the job loss effect on income or spending (not the marginal propensity to spend) - is, $\tau_{i,t}^y = y_{i,t}(T_i = 1) - y_{i,t}(T_i = 0)$.

To estimate the unobserved counterfactual, we employ the household-specific control groups from Section 3.1, estimating income and spending growth using the control group's average growth rates, assuming that without job loss, a household would parallel the control group's average income and spending growth.

The income shock and the consumption response is constructed in the following way:

$$IncomeShock_{i,t} = INC_{i,t}^T - (1 + \tilde{g}_{i,t}^{INC}) * INC_{i,t-1}^T, \quad \Delta C_{i,t} = C_{i,t}^T - (1 + \tilde{g}_{i,t}^C) * C_{i,t-1}^T \quad (4)$$

where $INC_{i,t}^T$ is the observed after-tax labor income of the unemployed in household i in year t , and $\Delta C_{i,t}$ is observed consumption expenditure. Further, g^{INC} and g^C are the estimated growth rates of income and consumption expenditure in the control groups: $\tilde{g}_{i,t}^{INC} = \sum_{j=1}^{J_i} \frac{1}{J_i} \left(\frac{INC_{j,i,t}^C}{INC_{j,i,t-1}^C} \right)$, where $INC_{j,i,t}^C$ is the income of the male in household j in year t in the control group of household i , and J_i is the number of controls chosen for a treated household i . The growth rate of consumption is constructed in the same manner. The fundamental (although untestable) assumption is that, had the treated household not encountered unemployment, their income and spending would have evolved akin to the control group's average, a presumption substantiated by observed pre-trend similarities between treatment and control groups (refer to Section 3).

5.1 The average marginal propensity to consume

To estimate the average MPC in the sample, we regress the consumption response $\widetilde{\Delta C}_{it}$ on the income shock, a constant, and a set of controls. Our baseline estimation equation is

$$\widetilde{\Delta C}_i = \beta_0 + \beta_1 IncomeShock_i + \mathbf{X}'_i \beta + \varepsilon_i, \quad (5)$$

where \mathbf{X}_i is a vector of control variables including a fourth-order polynomial in age, a second-order polynomial in the number of children below age 18, a dummy for whether the household is married or cohabiting, and a set of calendar year dummy variables.

The first row of Table 3 reports the MPC out of an additional dollar lost due to unemployment within the year of job loss. The table presents results from six distinct specifications of the estimation equation, progressively and variably augmenting the control variables set. Controlling for pre-job loss income level, in columns IV-VI, the coefficient shifts minimally across specifications. Column VI, our preferred specification, controls for pre-job loss debt, real assets, deposits, and risky assets.²¹ We observe that for every dollar lost in the unemployment onset year, households, on average, curtail their spending by 41 cents, broadly consistent with existing literature.

5.2 Heterogeneity in the MPC

To scrutinize the heterogeneity in the MPC, we do two key explorations: (i) segmenting the sample into tertiles based on distinct balance sheet components and worker characteristics, then re-estimating Equation 5, integrating an interaction between the income shock and tertile-dummies, and (ii) re-enacting (i) within each LTI-tertile, introducing controls for the tertiles of the DTI distribution, interacting with the income shock.²² The insights, presented in Figure 5, exhibit constrained variation in the MPC across male labor income (Panel 5a) and household income distributions (Panel 5b), and age (Panel 5c). Nevertheless, palpable heterogeneity in MPC comes to light upon examining net wealth, liquid assets, and debt.

Figures 5e to 5h uncover a compelling, nearly linear distinction in MPCs among households with varying liquid assets and a U-shaped relationship in the distribution of debt-to-income. The non-monotonicity, though not dissected in detail, implies variations in credit access and refinancing options across debt levels. The second exercise, encapsulated in Table 6, reinforces a persistent U-shaped relationship between DTI and the MPC across LTI distributions, with more elevated MPC evident in low-DTI and low-LTI households.

²¹We control for each variable by dividing the sample into quartiles of the distribution and including a dummy variable for each quartile.

²²The estimation equation is given by $\widetilde{\Delta C}_i = \sum_{j=1}^3 (\beta_j \text{IncomeShock}_i \cdot \mathbf{I}(Z_i = j) + \alpha_j \mathbf{I}(Z_i = j)) + \mathbf{X}'_i \delta + \varepsilon_i$, where $\mathbf{I}(Z_i = j)$ is an indicator function taking the value 1 if household i belong to tertile j of the variable of interest.

Delving into the practical implications, our findings again underline the imperative for macro models that encapsulate heterogeneity and potential asymmetry in consumer behaviors across different financial strata. By avoiding linear consumption function approximations and favoring models that highlight intersections between consumption, debt, and wealth, a more nuanced and realistic depiction of economic scenarios could be achieved. In the sphere of policy formulation, particularly in regard to unemployment insurance (UI) benefits and fiscal stimuli, acknowledging these MPC subtleties is crucial. As discussed in section 4.1.3 it remains important to utilize the findings as inputs for a comprehensive appraisal of policy alternatives.

In Section 5.1, while our ‘average MPC’ findings resonate with established literature, a compelling narrative emerges upon contrasting our heterogeneity findings with those of others. Figure 5 reveals a modest variance in the MPC across male labor income (Panel 5a) and household income distributions (Panel 5b), unexpectedly, given the escalation of income loss with income. Notably, [Fagereng et al. \(2021\)](#) observed the MPC varies with the size of an income shock, albeit in a different context: they explored a positive, temporary income shock, contrasting with our focus on sustained, negative income loss due to unemployment. Thus, our unemployment-derived MPC notably diverges from the setting of a lottery win, prompting a question of alignment with previous MPC studies involving lottery winnings and tax rebates. For instance, our context links households with lower liquid assets to a higher MPC, mirroring findings from the previous consumption response studies utilizing lotteries and tax rebates. Unlike the lottery study, however, we found a correlation between household leverage and consumption responses.

It is worthwhile to ponder the intrinsic differences between our study’s context of persistent negative shocks—which potentially edge households closer to financial constraints—and those studies considering positive shocks, which typically ease financial burdens on households. There may be merit in dissecting the MPC’s foundational factors and applications. For instance, it may be valuable to understand how or if insights derived regarding heterogeneity in responses from MPC studies focusing on positive (often temporary) shocks, such as lotteries and tax rebates, might be more pertinent to a setting of e.g. determining optimal stimulus packages.²³ Conversely, it

²³The evidence to date stems from questionnaires of households MPC out of hypothetical transitory income shocks, see e.g. [Bunn et al. \(2018\)](#), [Christelis, Georgarakos, Jappelli, Pistaferri and Van Rooij \(2019\)](#) or [Fuster, Kaplan and Zafar \(2021\)](#).

would be intriguing to understand if MPCs (and their heterogeneous characteristics) stemming from unemployment may be more aptly applied to different model types and scenarios. We note this interesting contrast for future research consideration.

5.3 Variation over the business cycle

In our final exercise, we segregate the sample by employment status during a recession and investigate whether outcomes vary for job displacements in a recessionary context.²⁴ We investigate whether outcomes vary for job displacements in a recessionary context. Figure 6 indicates that the reductions in earnings, after-tax labor income, and consumption expenditure are milder during recessions. This could imply that recessions affect a broad worker spectrum, while unemployment outside of recessions may more often result from, e.g., performance-based terminations (Gibbons and Katz, 1991). Job displacement during a recession might also send a less negative signal about worker quality to potential employers.

Next, we examine whether the MPC out of unemployment varies in a recession. Expanding baseline equation 5, we include a dummy variable for layoffs occurring during a recession, interacted with the income shock and DTI-tertile dummies. Recessionary household behavior could be influenced by various forces: mortgaged homeowners may benefit from falling policy rates due to floating interest rates, access to credit might be constrained, and plunging house prices may eradicate home equity for highly leveraged households. In this paper, we do not delve into the mechanisms behind potential heterogeneity in the MPC across business cycles, focusing instead on identifying observable differences in the MPC.

Table 4 reports the estimation results. First, we find that the average MPC is somewhat higher for job losers in a recession, although the difference is small and the standard errors are wide.²⁵ This result is reported in the first column of Table 4, where the specification includes the recession

²⁴We utilize recession dates from Aastveit, Jore and Ravazzolo (2016), as they use a "classical cycle" approach, using fluctuations in economic activity to classify recessions. This preferred approach is similar (though not identical) to the approach used by NBER, and "stricter" than the methods used by e.g. OECD. Thus, we define the following periods as recessions: 2001Q2-2001Q3, 2002Q3-2003Q1, 2008Q3-2010Q2. The results are robust to also defining the entire 2003 as a recession. Our results are partially robust to using OECD-defined recessions, but some conclusions differ since the recession dates only partially overlap.

²⁵This is similar to Gross, Notowidigdo and Wang (2020) who study the MPC out of liquidity and its variation over the business cycle.

dummy and an interaction between the income shock and the recession dummy. The third column interacts with the income shock with dummies for DTI-tertile and the recession dummy. For households with a low DTI ratio, the MPC is virtually identical across the business cycle. For households in the mid-DTI group, the results indicate that those laid off in a recession have a somewhat lower MPC. High-DTI households, on the other hand, have a considerably higher MPC in recessions compared to normal times. However, the samples are too small for the differences to be statistically significant. Still, these results indicate that the U-shaped relationship between DTI and the MPC may be even stronger during recessions. Further, the results also warn us to be cautious about business cycle variations in household behavior when calibrating macroeconomic models.

6 Conclusion

In this research, we delved into household consumption patterns following job loss, harnessing detailed administrative records from Norway. These records, initially collated for tax purposes, enabled a comprehensive trace of household incomes, consumption expenditure patterns, and household balance sheet positions before, during, and after an unemployment spell.

Our analysis reveals that unemployment invariably leads to a significant, enduring decline in income. Interestingly, households with minimal initial liquid assets or considerable debt generally witness gentler long-term downturns in both earnings and net income, even though the initial decline in earnings is consistent across all debt and asset spectra. This dip in income is paralleled by a marked decrease in consumption, equivalent to roughly one-third to one-half of the post-tax income drop. The reduction is milder for more liquid households, but notably steeper for their indebted counterparts.

Many households with high liquidity also shoulder significant debt. Notably, while both debt and liquidity are associated with consumption responses, debt is found to wield a dominant influence among households with considerable amounts of both. Despite their sizable holdings of liquid assets, these high-debt households noticeably curtail their consumption upon facing unemployment. Additionally, the data shows these households consistently allocate a significant

portion of their disposable income to their mortgage commitments.

These revelations have ramifications for framing various economic policies, from unemployment benefits to fiscal stimuli (and implications for aggregate demand) and macroprudential regulations. While concerns such as moral hazard might make eligibility criteria problematic, our findings spotlight specific household segments with potentially heightened responsiveness to such policies. Hence, rather than being applied directly off the shelf, our findings should serve as input in a wider policy approach.

Within the realm of emerging macroeconomic models emphasizing the importance of micro heterogeneity, our results provide valuable insights. As underscored by [Kaplan and Violante \(2018\)](#) and [Nakamura and Steinsson \(2018\)](#), identifying key moments aids in distinguishing among competing models. Our exploration of consumption responses to unemployment and the role of debt and liquidity in household behavior post-job displacement enriches this discourse.

It is worthwhile to ponder the intrinsic differences between our study's context of persistent negative shocks—which potentially edge households closer to financial constraints—and those studies considering positive shocks (such as lotteries and tax rebates), which typically ease financial burdens on households. Our findings resonate with such studies underscoring the role of liquidity but differ somewhat regarding leverage. Our specific setting, including a persistent negative income shock, a mortgage market dominated by ARM mortgages, and mortgages with full recourse may influence our findings. Further understanding of the interplay of these conditions warrants exploration in upcoming studies.

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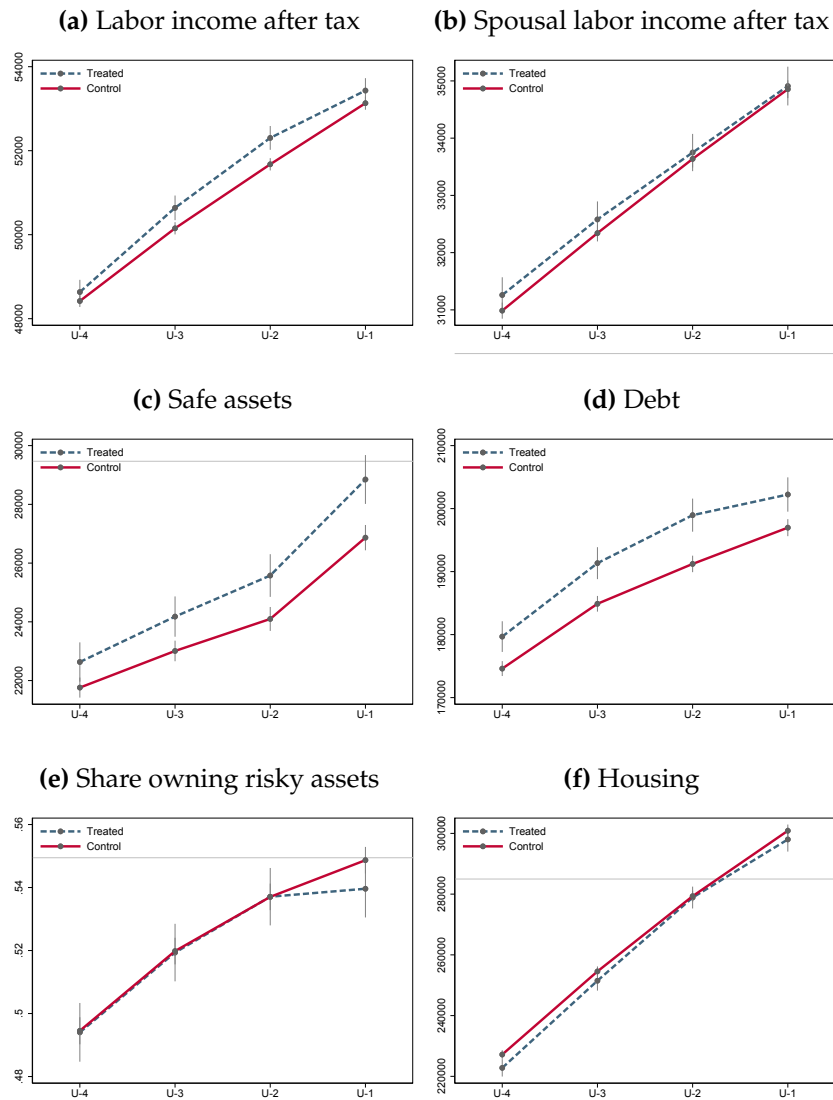
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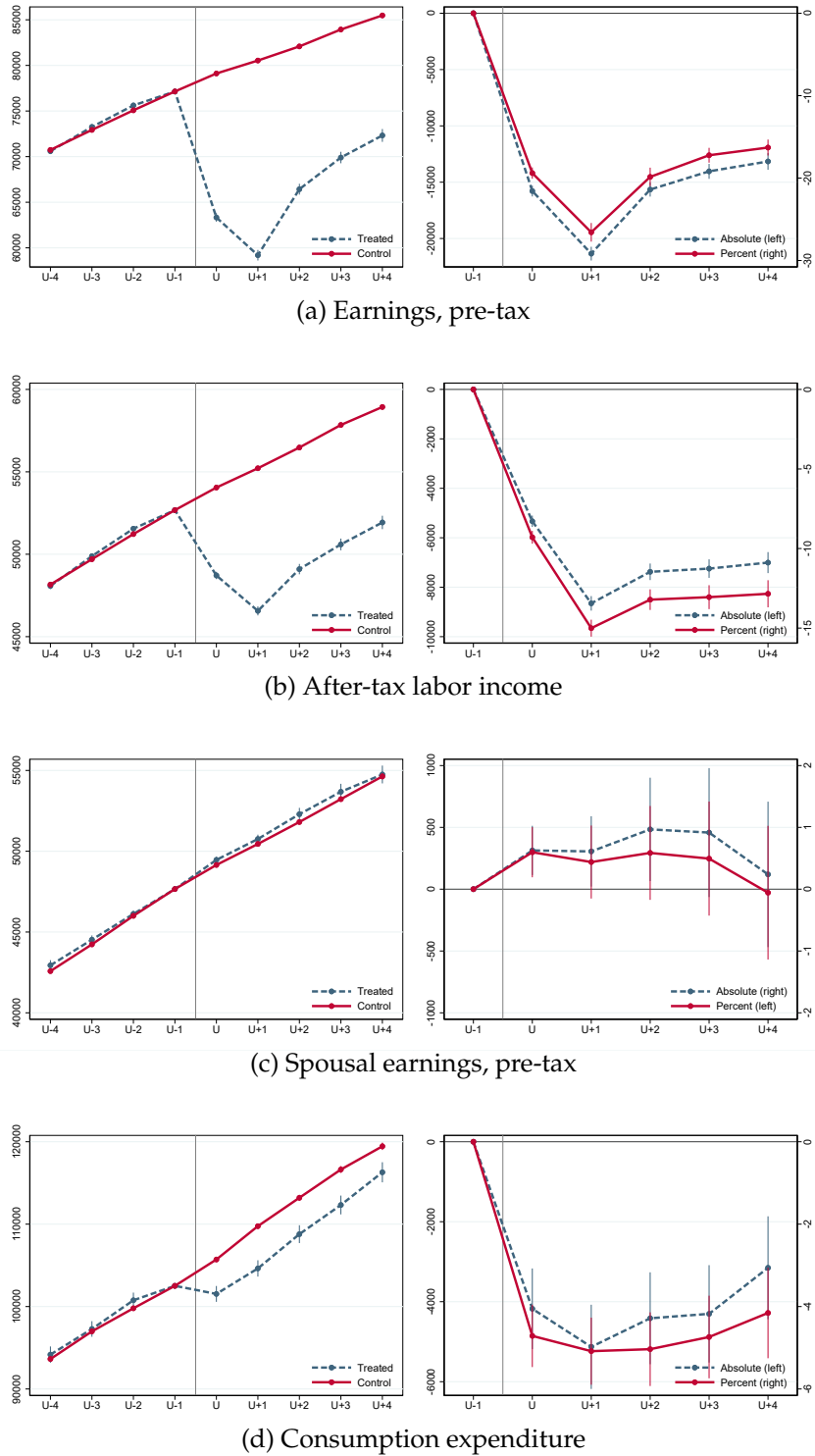
Tables and Figures

Figure 1: Development of key observables before job loss



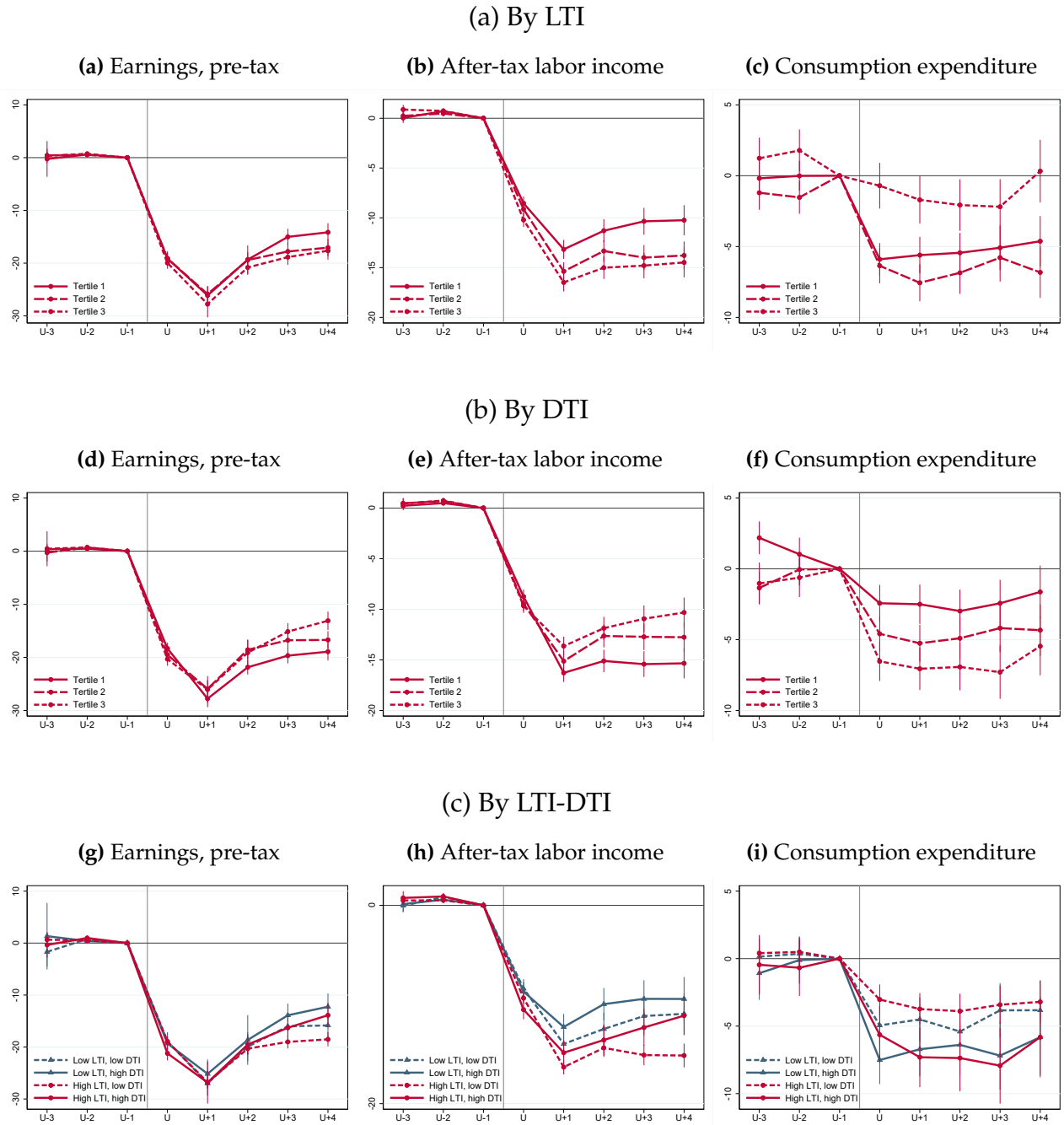
Notes: Vertical lines show 95% confidence intervals, where standard errors are clustered at the matching group level. Observations are weighted using CEM-weight, described in Appendix E. Monetary values are CPI-adjusted with 2014 as base year, and measured in USD (NOK/USD = 6.3019).

Figure 2: Income loss and consumption expenditure responses after job loss



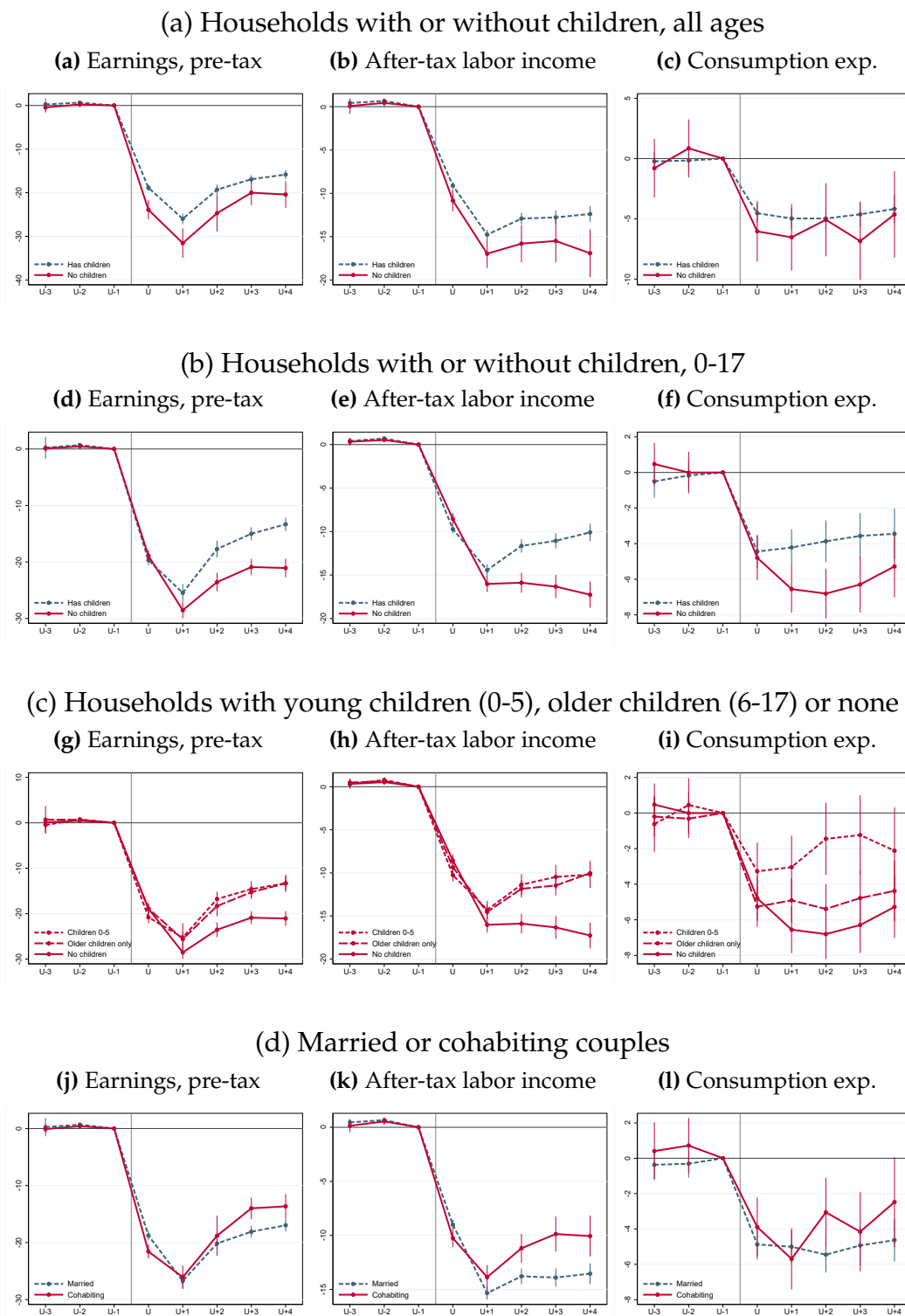
Notes The left column shows the dynamic path of each outcome variable ($\beta_k + \phi_k \times T_i$), whereas the right column show the difference between the treated and control group (ϕ_k), measured both in absolute terms (left-hand side axes) and percentage change relative to pre-job loss average (right-hand side axes). Top and bottom 1% of observations are censored when estimating percentage change. Vertical lines show 95% confidence intervals, and standard errors are clustered at the level of the matching group. Observations are weighted using CEM-weight, described in Appendix E. Monetary values are CPI-adjusted with 2014 as base year, and measured in USD (NOK/USD = 6.3019).

Figure 3: Income loss and consumption expenditure responses across LTI and DTI groups



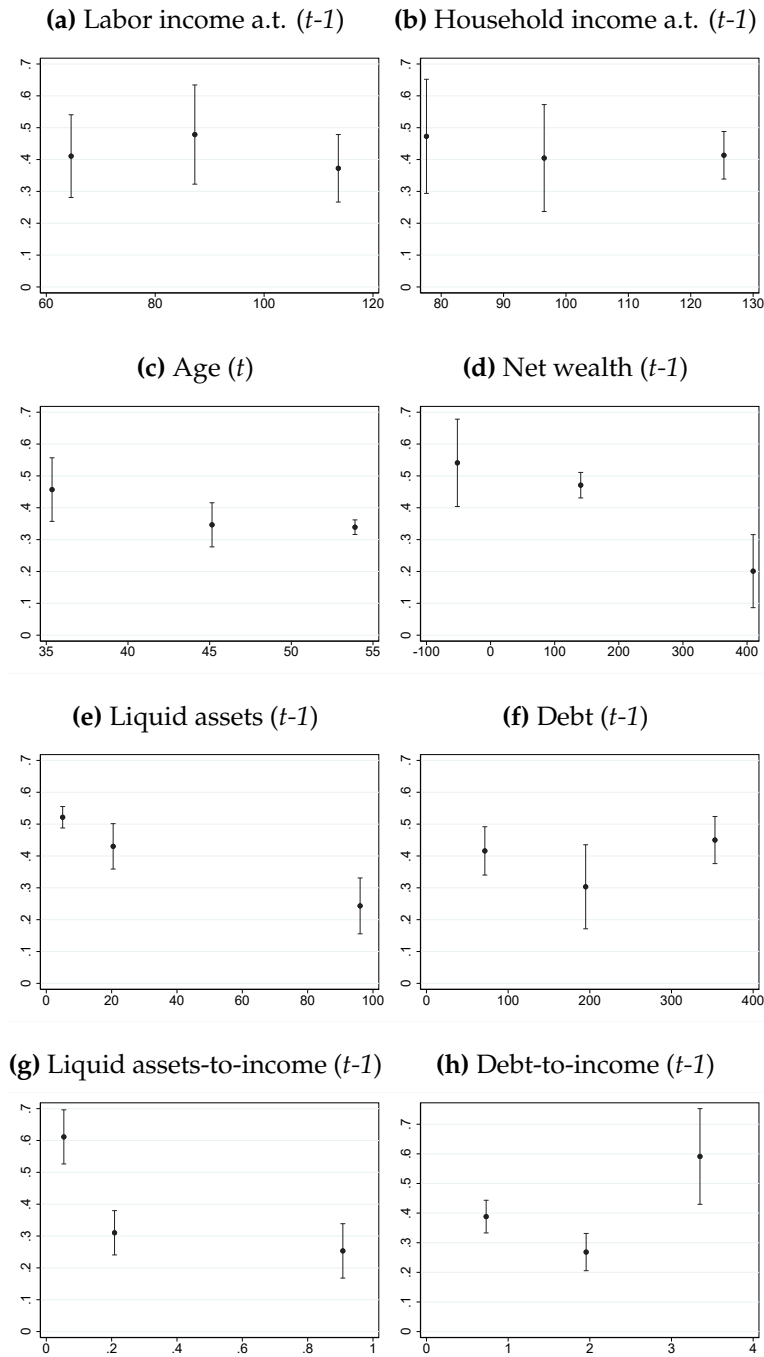
Notes: Low (high) LTI refers to tertile 1 (2,3) of the distribution of liquid-assets-to-income. A high (low) DTI refers to tertile three (1,2) of the distribution of debt-to-income. Tertiles are computed for each calendar-year cohort of job losers using the mean of LTI or DTI in the two years preceding job loss. All variables are measured as percentage change relative to the pre-job loss average of the treatment group (year $U-1$). Top and bottom 1% of observations are censored. 95% confidence intervals. Standard errors are clustered at the matching group level.

Figure 4: Income loss and consumption expenditure responses by various margins



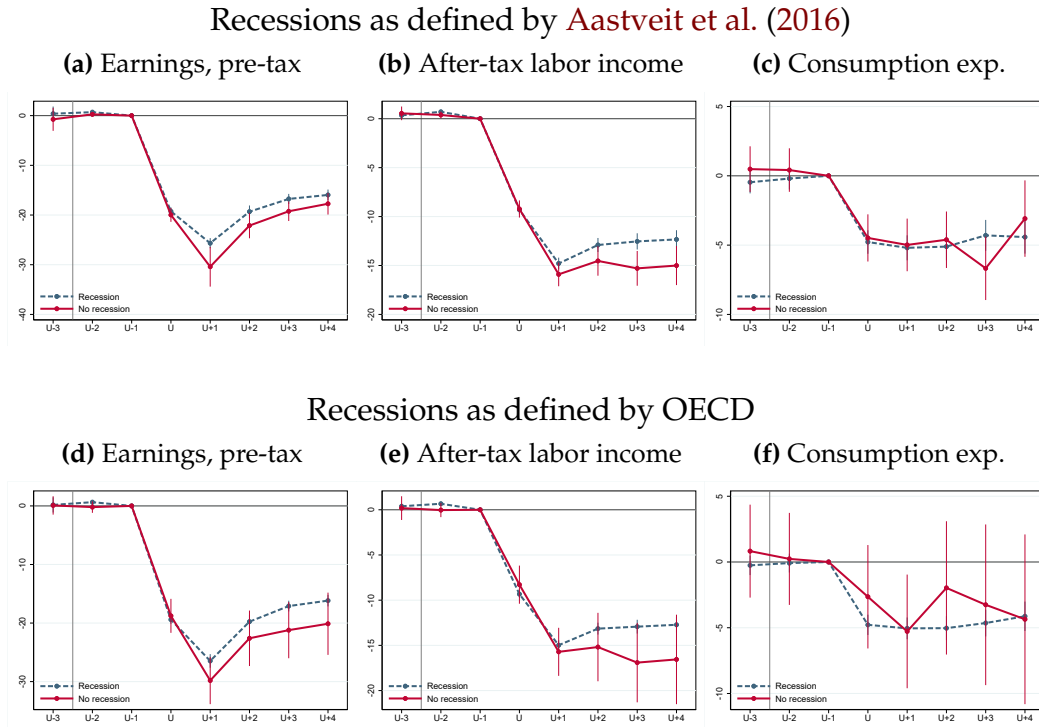
Notes: All category variables are measured in the year of job loss, and groups are kept constant throughout the event window. All variables are measured as percentage change relative to the pre-job loss average of the treatment group (year $U - 1$). Top and bottom 1% of observations are censored. 95% confidence intervals.

Figure 5: The marginal propensity to consume across the distribution of income, age and wealth



Notes The coefficients are obtained from regressions where the income shock is interacted with dummies for tertiles of the variable interest, including as controls a fourth-order polynomial in age, a second-order polynomial of no. of children, a dummy for marital status, a dummy for belonging to each tertile of the distribution, lagged household income, and lagged net wealth. The y-axis plots the mean of the variable within each tertile. All monetary values are CPI-adjusted with 2014 as base year, and measured in 1000 USD (NOK/USD=6.3019). Standard errors are clustered at the industry level, and vertical lines indicate 90% confidence intervals.

Figure 6: Income loss and consumption expenditure responses over the business cycle



Notes: [Aastveit et al. \(2016\)](#) define the following periods as recessions: 2001Q2-2001Q3, 2002Q3-2003Q1, 2008Q3-2010Q2. All category variables are measured in the year of job loss, and groups are kept constant throughout the event window. Top and bottom 1% of observations are censored. 95% confidence intervals.

Table 1: Summary statistics for targeted and non-targeted variables.

	Mean			Median		
	Unemployed	Control group	Possible controls	Unemployed	Control group	Possible controls
Targeted variables						
Demographics						
Age	44.7	44.7	46.1	45.0	45.0	46.0
Balance-sheet						
Male labor income	77,040	75,819	82,384	70,535	69,577	73,564
Debt	198,963	191,221	197,839	174,344	168,440	149,615
Liquid assets	35,828	34,543	124,112	16,882	16,460	27,824
Share homeowner (%)	0.94	0.95	0.89			
Share w/ risky assets (%)	53.71	53.70	59.32			
Education						
Low education	34.67	34.60	27.60			
High School Education	43.09	43.18	36.56			
Higher Education	22.24	22.22	35.39			
Industry composition						
Agriculture	0.60	0.44	0.82			
Education	2.74	2.29	4.99			
Health and social services	2.92	2.05	4.22			
Manufacturing and construction	37.46	39.36	27.74			
Other services	1.36	0.97	2.04			
Public admin. and defence	2.24	1.95	6.34			
Retail and services	47.19	48.67	31.93			
Unknown	5.49	4.27	21.91			
Employment						
Firm tenure	6.9	7.1	7.1	7.0	7.0	6.0
Non-targeted variables						
Demographics						
Share with children (%)	66.94	67.88	55.08			
Number of children	1.4	1.5	1.2	1.0	1.0	1.0
Balance-sheet						
Consumption	101,157	100,622	111,452	93,098	93,344	95,650
Spouse's labor income	47,198	46,885	45,644	48,020	47,724	45,932
Safe assets	25,576	24,098	49,389	12,616	12,145	19,098
Risky assets	10,252	10,445	74,723	192	220	1,117
Share receiving sickness benefits (%)	10.74	10.48	9.63			
Share receiving disability benefits (%)	0.22	0.33	3.41			
Employment						
Share public employer	0.08	0.06	0.22			
Estimated probability (%)	1.0	0.9	0.6	0.8	0.7	0.4
Days Unemployed	234			91		
Year unemployed	2007			2006		
N	11,497	147,027	251,618	11,497	147,027	251,618

Notes: Monetary values are CPI-adjusted with 2014 as base year, and measured in USD (NOK/USD = 6.3019). Possible controls include the full set of households that satisfy all sample selection criteria except actual job loss. Mean and median of the control group are weighted using CEM-weights, see Online Appendix E. All variables are measured two years prior to the year of job loss, except tenure and the probability of unemployment which is measured one year prior to job loss, and age which is measured in the year of job loss. The estimated probability of job loss is based on a probit regression with the following controls: public employer, tenure, education, industry, firm age, and firm size (see Online Appendix D for details).

Table 2: Summary statistics (averages) by LTI-DTI-groups

Panel (a): By the separate distributions of LTI and DTI						
	Low LTI	Mid LTI	High LTI	Low DTI	Mid DTI	High DTI
Demographics and unemployment						
Year	2006	2006	2006	2006	2006	2005
Age	42.5	43.2	45.4	47.9	43.4	39.9
Days unemployed	233	234	235	273	219	211
Balance sheet						
Debt	232,015	208,970	160,592	79,369	197,611	322,557
Debt-to-income	2.38	2.05	1.50	0.77	1.93	3.21
Liquid assets	5,372	19,467	77,639	54,210	27,487	20,838
Liquid assets-to-income	0.06	0.20	0.76	0.54	0.27	0.20
Interest paid	13,954	11,395	82,27	4,380	10,983	18,104
Interest paid /hh. income a.t.	0.15	0.11	0.08	0.04	0.11	0.18
Mortgage ammortization /hh. income a.t.*	0.27	0.24	0.21	0.15	0.23	0.32
N	3,848	3,827	3,822	3,804	3,818	3,875

Panel (b): By the joint distribution of LTI and DTI				
	Low LTI, low DTI	Low LTI, high DTI	High LTI, low DTI	High LTI, high DTI
Demographics and unemployment				
Year	2006	2005	2005	2006
Age	44.7	40.1	46.0	39.8
Days unemployed	254	211	243	211
Balance sheet				
Debt	158,861	312,515	131,312	331,561
Debt-to-income	1.63	3.21	1.25	3.21
Liquid assets	5,628	5,091	53,481	34,960
Liquid assets-to-income	0.06	0.05	0.53	0.34
Interest paid	9,609	18,736	6,996	17,538
Interest paid /hh. income a.t.	0.10	0.20	0.07	0.17
Mortgage amortization /hh. income a.t.*	0.22	0.32	0.19	0.32
N	2,016	1,832	5,606	2,043

Notes: Monetary values are CPI-adjusted with 2014 as base year, and measured in USD (NOK/USD = 6.3019). Low (high) LTI refers to tertile 1 (2,3) of the distribution of liquid-assets-to-income. A high (low) DTI refers to tertile three (1,2) of the distribution of debt-to-income. Tertiles are computed for each calendar-year cohort of job losers using the mean of LTI or DTI in the two years preceeding job loss. All variables are measured one year before job loss, except age and year of job loss, which is measured in the year of job loss. Mortgage amortization is a back-of-the-envelope calculation assuming 25 years downpayment plans starting at 30 years old and 5% interest rate, using group-averages for age and debt to calculate monthly payments: $amortization = \frac{interest\ rate \cdot debt}{1 - (1 + interest\ rate)^{-35 \cdot age}}$.

Table 3: The marginal propensity to consume within the year of job loss.

Panel (a)						
	I	II	III	IV	V	VI
Income Shock _t	0.4420 (0.0230)	0.4343 (0.0254)	0.4332 (0.0247)	0.4005 (0.0283)	0.3993 (0.0276)	0.4078 (0.0269)
Year fixed effects	No	Yes	Yes	Yes	Yes	Yes
Controls	No	No	Yes	Yes	Yes	Yes
HH income a.t. _{t-1}	No	No	No	Yes	Yes	Yes
Net wealth _{t-1}	No	No	No	No	Yes	No
Balance sheet _{t-1}	No	No	No	No	No	Yes
N	11,497	11,497	11,497	11,497	11,497	11,497

Panel (b)			
	Low LTI	Medium LTI	High LTI
Income Shock _t	0.674*** (0.149)	0.310*** (0.0653)	0.245** (0.0803)
Income Shock _t *DTI _{t-1} =medium	-0.178 (0.135)	-0.0839 (0.0644)	-0.148 (0.0912)
Income Shock _t *DTI _{t-1} =high	0.0610 (0.174)	0.213 (0.125)	0.238 (0.142)
N	3,848	3,827	3,822

Notes: In Panel (a), controls include a fourth-order polynomial in age, a second-order polynomial of no. of children below age 18, and a dummy for marital status. "Balance sheet" in specification VI refers to conditioning on quartiles of debt, real assets, safe financial assets, and risky financial assets. We exclude observations with income shock in the top and bottom 1% and/or consumption response in the top and bottom 2.5%.

In panel (b), low (high) LTI refers to tertile 1 (2,3) of the distribution of liquid-assets-to-income. A high (low) DTI refers to tertile three (1,2) of the distribution of debt-to-income. Tertiles are computed for each calendar-year cohort of job losers using the mean of LTI or DTI in the two years preceding job loss. The estimation in Panel (b) includes all controls from specification VI of Panel (a). *, **, *** denote significance at the 10, 5, and 1 percent levels, respectively. Standard errors (in parenthesis) are clustered at the industry level.

Table 4: The MPC and the importance of debt over the business cycle

	I	II	III
Income Shock _t	0.421*** (0.0451)	0.393*** (0.0193)	0.394*** (0.0206)
Income Shock _t *recession _t	0.0152 (0.125)		
Income Shock _t *DTI _{t-1} =medium		-0.126** (0.0467)	
Income Shock _t *DTI _{t-1} =high		0.217** (0.0704)	
Income Shock _t *Medium DTI _{t-1} *normal _t			-0.123** (0.0370)
Income Shock _t *High DTI _{t-1} *normal _t			0.205* (0.104)
Income Shock _t *Low DTI _{t-1} *recession _t			-0.00357 (0.105)
Income Shock _t *Medium DTI _{t-1} *recession _t			-0.149 (0.0802)
Income Shock _t *High DTI _{t-1} *recession _t			0.275 (0.150)
<i>N</i>	11,497	11,497	11,497

Notes: We follow [Aastveit et al. \(2016\)](#), and define the following periods as recessions: 2001Q2-2001Q3, 2002Q3-2003Q1, 2008Q3-2010Q2. Controls include the interaction variable of interest, a fourth-order polynomial in age, a second-order polynomial of no. of children below age 18, year fixed effects, a dummy for marital status, and lagged household income, liquid assets, and net wealth. *, **, *** denote significance at the 10, 5, and 1 percent levels, respectively. Standard errors are clustered at the industry level.